

Your Name

Instructor Name

Course Number

Date

Learning to Learn

Common wisdom holds that to learn something and get better at it, one has to be willing to begin as a fool. Of course, learning anything new is daunting, but being a fool was the one thing I wasn't willing to be! I avoided challenging activities as I feared being judged as incompetent at anything. As I experienced the transition, I learned that doing something worthwhile in life requires accepting personal vulnerability. This lesson made me into someone capable of achieving my goals.

An impending life transition forced me to face my fear. It was about the last semester of college when it occurred to me that I have to say farewell to the carefree days and take some initial steps to build my career. To be part of the world of work, I had to learn new skills. However, the issue was that I didn't want to do anything which I didn't know, but I hadn't challenged any of my skills before, nor had I done anything to improve them, so I didn't know what was it I could be good at. It was then I realized that one little irrational fear had hindered my personal development and future prospects.

Well, I had to face my fears if I really wanted to do something in life. I was somewhat okay at writing during my time at college, so I decided to start working on this skill. I joined a freelancer writers' group and began offering content writing services.

In the beginning, all my fears came alive and I was aptly reminded of why I used to avoid new things. During that time, I saw my work rejected, overlooked, and harshly judged,

continuously reminding me of my incompetence. Nonetheless, this time I was determined not to let the setbacks hinder my journey.

After many falls, I learned my craft and got better at it. I presented my work for the judgment of my peers and learned to accept criticism. Apart from writing good pieces, the more useful skill I learned was how to accept and own, rather than avoid, my shortcomings in order to overcome them. This lesson made me a person who is willing to make mistakes, willing to bear responsibility, and willing to grow.

By facing my fears and stepping into the unknown, I cultivated in myself the ability to accept new knowledge, learn, and innovate. I aim to continue this journey of growth as I understood that focusing on the process of learning would inevitably lead to the achievement of one's aims.